Combined Orthopaedic Inter-hospital Meeting and Multi-disciplinary Symposium: Fast-track Arthroplasty: How to enhance recovery?

Date: 17 January 2015 (Saturday)
Time: 08:30 to 12:30 (Orthopaedic Inter-hospital Meeting: 08:30 – 10:30)
Venue: Lecture Theatre 4, Cheung Kung Hai Conference Centre, G/F, William MW Mong Block, 21 Sassoon Road, Pokfulam, Hong Kong
Target Participants: Orthopaedic Surgeon, Anaesthesiologist, Nurse and Allied Health colleague with interest in Fast-track Arthroplasty
(Free Registration, Breakfast served before meeting)

Organizers:
Division of Joint Replacement Surgery, Department of Orthopaedics & Traumatology, HKU
Department of Anaesthesiology, HKU
Adult Joint Reconstruction Chapter, Hong Kong Orthopaedic Association

Invited speaker:
Professor Henrik Kehlet
Professor of Perioperative Therapy
Copenhagen University
Head, Section for Surgical Pathophysiology
Rigshospitalet, Copenhagen

Activity sponsored by
CNE/CME/CPD Accreditations: pending
Registration Form (For Orthopaedic colleague joining the Orthopaedic Inter-hospital meeting session ONLY ie 08:30 – 10:30, there is NO need for registration)

Part I PERSONAL INFORMATION

(please type or print in block letters and where appropriate)

Title: ☐ Prof. ☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.
Name: ___________________________ Position: ___________________________
Hospital/ Clinic: __________________ Department: _______________________
Address: _______________________________________________________________
Tel: __________________ Fax: __________________ Email: _______________________
Carplate No.: __________________

REGISTRATION & PARKING: FREE

RSVP: Please fill in and return the Registration Form on or before January 10, 2015
Fax to 2808 7338; email to heidi.lee@mccann.com
For enquiry: please contact Heidi Lee at 2808 7615
Registration is strictly on first-come, first-served basis because of limited quota. On-site registration is not allowed. The programme is subject to change without prior notice.
Combined Orthopaedic Inter-hospital Meeting and Multi-disciplinary Symposium:

**Fast-track Arthroplasty : How to enhance recovery ?**

**Date**: 17 January 2015 (Saturday)

**Theme**: Techniques in Surgery, Anaesthesiology, Peri-operative Care, Rehabilitation to enhance recovery

**Target Participants**: Orthopaedic Surgeon, Anaesthesiologist, Nurse and Allied Health colleague

**Venue**: Lecture Theatre 4, Cheung Kung Hai Conference Centre, G/F, William MW Mong Block, 21 Sassoon Road, Pokfulam, HK

**Preliminary Programme**

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<td>08:30-08:35</td>
<td>Session 1 : Orthopaedic Inter-hospital Meeting &amp; Combined Multi-disciplinary Symposium : Introduction</td>
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<tr>
<td>08:30-08:35</td>
<td>Introduction</td>
<td>Prof Peter KY Chiu / O&amp;T QMH</td>
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<td>08:30-08:45</td>
<td>Case Presentation</td>
<td>Prof Michael Irwin / Anaes QMH</td>
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<td>08:45-09:30</td>
<td>What is Fast-track arthroplasty? Experience In Denmark</td>
<td>Prof Henrik Kehlet</td>
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<td>09:30-09:45</td>
<td>Joint Replacement Centre in Hong Kong - Experience in Yan Chai Hospital</td>
<td>Dr QJ Lee / O&amp;T YCH</td>
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<td>09:45-10:00</td>
<td>Fast-track Anaesthesia for Total Knee Replacement</td>
<td>Dr Eric So / Anaes QEH</td>
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<td>10:00-10:15</td>
<td>Fast-track Arthroplasty : Surgeon’s perspective</td>
<td>Dr PK Chan / O&amp;T QMH</td>
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<td>Discussion</td>
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<td>Tea Break</td>
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<td>11:00-11:45</td>
<td>Session 2 : Combined Multi-disciplinary Symposium : Perioperative Care and Rehabilitation</td>
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<td>11:00-11:45</td>
<td>Keys to Achieve Early Recovery after Arthroplasty</td>
<td>Prof Henrik Kehlet</td>
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<td>11:45-12:00</td>
<td>Patients’ Path for Total Joint Replacement : Nursing Perspective</td>
<td>Ms NY Wong / APN QMH</td>
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<td>12:00-12:15</td>
<td>Fast Track Discharge Program - Our Experience in Queen Mary Hospital</td>
<td>Ms Rita Lam / PT QMH</td>
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<td>12:15-12:30</td>
<td>Importance of Preoperative Muscle Strengthening in Rehabilitation after Total Hip Arthroplasty</td>
<td>Ms YY Chan / PT KWH</td>
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<td>12:30-12:45</td>
<td>Home Readiness Programme for Joint Replacement</td>
<td>Mr Edward Chan / OT QMH</td>
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<td>12:45-13:00</td>
<td>Discussion &amp; Conclusion</td>
<td>Ms Terri Ng / OT MMRC</td>
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**Invited Speakers/Guests**:

- **Prof Henrik Kehlet**: Professor of Perioperative Therapy, Copenhagen University, Denmark
- **Prof Peter KY Chiu**: Chief, Division of Joint Replacement Surgery, Department of Orthopaedics & Traumatology, Queen Mary Hospital
- **Prof Michael Irwin**: Head, Department of Anaesthesiology, HKU COS, Department of Anaesthesiology, Queen Mary Hospital / HKU Shenzhen Hospital
- **Dr Eric So**: Consultant, Department of Anaesthesiology, Queen Elizabeth Hospital
- **Dr Timmy Chan**: Consultant, Department of Anaesthesiology, Queen Mary Hospital
- **Dr QJ Lee**: Associate Consultant, Department of Orthopaedics & Traumatology, Yan Chai Hospital
- **Dr PK Chan**: Associate Consultant, Department of Orthopaedics & Traumatology, Queen Mary Hospital
- **Ms NY Wong**: Advanced Practice Nurse, Nursing Division, Department of Orthopaedics & Traumatology, Queen Mary Hospital
- **Ms Rita Lam**: Physiotherapist, Queen Mary Hospital
- **Ms YY Chan**: Physiotherapist, Kwong Wah Hospital
- **Ms Terri Ng**: Occupational Therapist, MacLehose Medical Rehabilitation Centre
- **Mr Edward Chan**: Occupational Therapist, Queen Mary Hospital

**Organizing Committee**:

- **Dr PK Chan**: Associate Consultant, Department of Orthopaedics & Traumatology, Queen Mary Hospital
- **Dr Timmy Chan**: Consultant, Department of Anaesthesiology, Queen Mary Hospital
- **Dr HC Cheng**: Consultant, Department of Orthopaedics & Traumatology, United Christian Hospital

**Accreditations**: CME/CNE/CPD pending

**Program Secretariat**:

Ms Heidi Lee, (852) 28087615, E-mail : heidi.lee@mccann.com